

Aronagh's Health, Safety & Security Policy

Our Vision

Design our operations, services and products with inbuilt health, safety and security to step beyond 'away from', regulatory & statutory, compliance into operating from a 'towards' and values based mentality.

Our Commitment

Aronagh and all its brands are committed to

- ✦ furthering the health, well-being and safety of Aronagh's staff, associates and clients through appropriate actions.
- ✦ putting appropriate controls and processes in place to prevent health, safety and security issues that might affect Aronagh's staff, associates and clients.
- ✦ complying with relevant local and global health, safety and security laws, standards and regulations.

Our Principles

The key principles of Aronagh's Health & Safety strategy are:

- ✦ Health & Well-being is a proactive, daily practice and harmonious balance of a combination of physical, mental, emotional, energetic and spiritual disciplines
- ✦ Prevention is better than cure (or fire-fighting)
- ✦ Aronagh believes in and encourages value based and embodied Health, Safety & Security Practice
- ✦ As an information-based company we respect client's data, and make every reasonable effort to keep our own and our clients' data safe and secure



Our Health, Safety & Security approach in practice:

- ✓ We actively encourage staff to adopt and commit to a daily health & well-being practice
- ✓ We invest in the health & well-being of our staff through actively supporting Continued Professional Development in health & well-being disciplines
- ✓ We regularly review our health, safety & security policy, procedures and practices in light of industry practice and advised standards
- ✓ We maintain up-to-date insurance, in the unlikely case something should happen
- ✓ We carry out regular preventative risk assessments with regard to health, safety & security across our operations
- ✓ We vet our electronic and information service providers for their security arrangements to ensure optimum levels

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Standards and Registrations

- ✓ **Ecology of practice & service delivery:**
Aronagh subscribes to the standards promoted by the regulating bodies it is a member of: ILM (Institute of Leadership & Management), IIC (International Institute of Coaching), ICF (International Coach Federation), AC (Association for Coaching), AcS (Acupuncture Society), ANLP (Association for NLP)
- ✓ **Training:**
Staff have up-to-date health, safety & security training where relevant
- ✓ **Professional Indemnity & Personal Liability:**
Aronagh is insured with Towergate Insurance for all its services & products.
- ✓ **Data & Information:**
Aronagh is registered with the UK Information Commissioner under Z2076126.



Our 2 Year Vision

Whilst continuing to maintain current standards of health, safety and security, Aronagh is committed to improving health & well-being in the work environment.

We will do this by

- ✚ Increasing our contribution to health & well-being at work through stress reduction and relaxation offerings for businesses and business leaders.
- ✚ Developing and delivering online and other self-help services that help people to neutralize stress in the work environment.



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